

Year of Lockdown

Year of Lockdown

u3a members reflect on a year of lockdown

On 23 March, u3a members and CEO Sam Mauger reflect on the last year.

23 March is a year since the first UK lockdown and in response to this, u3a members and CEO Sam Mauger have been reflecting on the last year.

In an article on [our blog - Sources](#), u3a members have been sharing their experiences.

For Beryl, a member of Manchester u3a, the last year has been "a year of new experiences and new opportunities. I have learnt to use Zoom and Teams and taken part in most of my u3a groups as well as making new friends and joining in many online activities."

CEO of the Third Age Trust Sam Mauger says, "I think what we can celebrate is the fact that despite every adversity thrown at us, we have come through this together." Watch Sam's reflections on [our YouTube channel](#).

Read the experiences of u3a members on [our blog, Sources](#).